Basic Instructions for Fixing Garter Stitch

Garter Stitch is the easiest to knit and until now has been the hardest to fix. A garter stitch fabric is created by knitting each row. Since the front of a knit stitch is called "knit" and the back is called "purl," when each row is knitted the fabric is comprised of alternates of knit and purl rows. It was for fixing this type of knitted fabric that the Fix-A-Stitch™ was first invented.

Orientation of the work

When you rip down in the garter stitch, it creates a ladder of sorts. Every other rung on the ladder is a knit bar and the other rung on the ladder is a purl bar.

In garter stitch, the BACK rung is a knit bar … that is a stitch that will need to be knitted up to follow the garter sequence

The rung in the FRONT is the purl bar … You can either purl it with the Fix-A-Stitch™ **OR** just turn your work around and knit it.

Traditional Garter Stitch Repair

If your lowest rung is in the front, turn the work around and then it will be in the back.

Below where you have ripped down is the loop of an intact stitch. Put the Fix-A-Stitch™ through that loop. Using the end of the Fix-A-Stitch™ that is closest to the back of your work, grab the knit bar using **one of the methods described below and form a new knit stitch**.

The next ladder run you see is in the front of the work .thus it is a purl bar.

The traditional way to proceed would be to slide the Fix-A-Stitch™ through as your turn your work to the other side, changing the (front) purl bar into a (rear) knit bar. Now you can grab that knit bar and draw it through the loop on the Fix-A-Stitch™, just as you did before, knitting up another stitch.

Because of the Fix-A-Stitch™ unique design, you never have to remove it from your work; as you go back and forth; you just have to slide it through, never releasing a stitch.

Fix-A-Stitch™ EXCLUSIVE REPAIR METHODS

Terminology

- Existing stitch: Formed, intact loop connected to the row below
- Knit bar: Strand of yarn in the back of the work. When we knit the yarn is held in the back a clue to remembering that knit bars are in the rear.
- Purl bar: Strand of yarn in the front or on top of the work. When we purl we hold the yarn in front.
- Next bar: Knit or purl bar that is closest to the existing stitch

Fix-A-Stitch™ Front of the Work Method

a. Turn the work so the *next bar* is in the rear, making it a *knit bar*

b. Insert the Fix-A-Stitch™ into the *existing stitch* and move the stitch away from the end closest to the fabric, leaving the end available

c. With the end of the Fix-A-Stitch™ that is closest to the fabric, grab the *knit bar* **from below**.

d. Using a slight twisting motion, pull the knit bar through the loop that is already on the Fix-A-Stitch™, creating a new *"existing stitch.* **YOU HAVE NOW EXECUTED A KNIT.**

e. Slide the end of the Fix-A-Stitch™ that is closest to the fabric underneath the *purl bar.*

f. Continue drawing the Fix-A-Stitch™ away from you until you have drawn the *existing stitch* under and behind the purl bar.

g. Keeping the Fix-A-Stitch™ horizontal to your work, raise the Fix-A-Stitch™ and orient the Fix-A-Stitch™ so the hook is facing downward and is hovering over the *purl bar.*

h. From above, latch *purl bar* with the Fix-A-Stitch™ and flip the Fix-A-Stitch™ on end .

i. The hook is now facing upward and is holding the newly created purl stitch.

j. You are now in position to knit the next stitch using your Fix-A-Stitch™

Fix-A-Stitch™ Under the bar method

a. Turn the work so that the *next bar* is in the rear, making it a *knit bar*

b. Insert the Fix-A-Stitch™ into the *existing stitch* and move the stitch away from the end, leaving the end available

c. With the end of the Fix-A-Stitch™ grab the *knit bar* **from below**.

d. Using a slight twisting motion, pull the knit bar through the loop that is already on the Fix-A-Stitch™, creating a new *"existing stitch"*

You have now executed a "knit." The "purl" is essentially the same thing, only working toward the back instead of the front:

e. Slide to the other end of the Fix-A-Stitch™

f. Hold the Fix-A-Stitch™ from behind the fabric

g. Position the *existing stitch* so that it is away from the hook

h. With the Fix-A-Stitch™ end come under the *purl bar*

i. Grab the *purl bar* **from below**

j. With a slight twist and a backward "tug" pull the purl bar through the loop on the Fix-A-Stitch™,   forming a new *existing stitch*

k. Slide the Fix-A-Stitch™ back toward the front of the fabric to repeat the process

Fix-A-Stitch™ Over the Bar Approach:

With the over the bar approach the Fix-A-Stitch™ is moved back and forth as follows:

a. Turn the work so that the *next bar* is in the rear, making it a *knit bar*

b. Insert the Fix-A-Stitch™ into the *existing stitch* and move it away from the end, leaving the end available

c. With the end of the Fix-A-Stitch™ nearest the fabric, grab the *knit bar* **from above**

d. Using a slight twisting motion, pull the knit bar through the loop that is already on the Fix-A-Stitch™, creating a new *"existing stitch"*

e. Notice that the Fix-A-Stitch™ hook is now facing downwards. If you roll the Fix-A-Stitch™ over to get the hooks up, the stitch would be twisted.   Turn the Fix-A-Stitch™ hook side up by flipping it ON END, sliding it through the existing stitch as you do so.

You have now executed a "knit." The "purl" is essentially the same thing, only working toward the back instead of the front:

f. With the Fix-A-Stitch™ in the existing loop, slide to the other end of the Fix-A-Stitch™

g. Hold the Fix-A-Stitch™ from behind the fabric

h. Position the *existing stitch* so that it is away from the hook

i. With the Fix-A-Stitch™ end come over the *purl bar*

j. Grab the *purl bar* **from above**

k. With a slight twist and a backward "tug" pull the purl bar through the stitch, forming a new *existing stitch*

l. Turn the Fix-A-Stitch™ hook side up by flipping it ON END, sliding it through the existing stitch as you do so.

m. Slide the Fix-A-Stitch™ through the loop toward the front of the fabric to repeat the process.

Fix-A-Stitch™ Basic Instructions for Seed Stitch

Seed stitch is a knitting pattern that alternates between knit and purl stitches. Once the initial row of stitches is completed, on the next and subsequent rows one has simply to knit each stitch that is represented by a purl bar (on "top" of the fabric) and purl each stitch represented by a knit bar (on the "back" of the fabric).

Knit the purl bar, using one of the knit methods show above.

To purl the knit bar, Fix-A-Stitch™ recommends the "front of the work" method shown above.